

FIELDSTONE 2017 HOT LUNCH MENU

May				
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Baked white meat chicken fingers with roasted potatoes and fruit V: Vegetarian nuggets with roasted potatoes and fruit	Fusilli with ground beef sauce, spring mixed salad and fruit V: Fusilli with tomato sauce, spring mixed salad and fruit	Tacos with all the fixings, tortilla chips, salsa and fruit V: Veggie Fajitas, tortilla chips, salsa & Fruit	Chicken Stir-fry with whole wheat noodles, spring mixed salad & fruit V: Vegetable Stir-fry with whole wheat noodles, Spring Mixed Salad & Fruit	Grilled cheese on whole wheat bread with raw vegetables and fruit V: Grilled cheese on whole wheat bread with raw vegetables and fruit
8	9	10	11	12
All Day Breakfast! Pancakes, Eggs, Sausage, Fruit *Vegetarian option will not include sausage but will have extra eggs or pancakes	Chilli with jasmine rice, raw carrots and fruit V: Vegetarian chilli with jasmine rice, raw carrots and fruit	Beef Hamburger, Pickle, Roasted Potatoes & Fruit V: Veggie Burger, Pickle, Roasted Potatoes & Fruit	Fish Sticks with mixed spring salad, raw carrots & fruit V: Vegetarian nuggets with mixed spring salad, raw carrots & fruit	Pepperoni Pizza, Caesar Salad & Fruit V: Veggie Pizza, Caesar Salad & Fruit
15	16	17	18	19
Baked white meat chicken fingers with roasted potatoes and fruit V: Vegetarian nuggets with roasted potatoes and fruit	Fusilli with ground beef sauce, spring mixed salad and fruit V: Fusilli with tomato sauce, spring mixed salad and fruit	Tacos with all the fixings, tortilla chips, salsa and fruit V: Veggie Fajitas, tortilla chips, salsa & Fruit	Chicken Stir-fry with whole wheat noodles, spring mixed salad & fruit V: Vegetable Stir-fry with whole wheat noodles, Spring Mixed Salad & Fruit	Grilled cheese on whole wheat bread with raw vegetables and fruit V: Grilled cheese on whole wheat bread with raw vegetables and fruit
22	23	24	25	26
Victoria Day	Chilli with jasmine rice, raw carrots and fruit V: Vegetarian chilli with jasmine rice, raw carrots and fruit	Beef Hamburger, Pickle, Roasted Potatoes & Fruit V: Veggie Burger, Pickle, Roasted Potatoes & Fruit	Fish Sticks with mixed spring salad, raw carrots & fruit V: Vegetarian nuggets with mixed spring salad, raw carrots & fruit	Pepperoni Pizza, Caesar Salad & Fruit V: Veggie Pizza, Caesar Salad & Fruit
29	30	31		
Baked white meat chicken fingers with roasted potatoes and fruit V: Vegetarian nuggets with roasted potatoes and fruit	Fusilli with ground beef sauce, spring mixed salad and fruit V: Fusilli with tomato sauce, spring mixed salad and fruit	All Day Breakfast! Pancakes, Eggs, Sausage, Fruit *Vegetarian option will not include sausage but will have extra eggs or pancakes		