

Follow up Instructions for School Students, Staff and Visitors Tested for COVID-19

I went for COVID-19 testing. What's next?

- While waiting for your test result, stay home and [self-isolate](#).
- Do not go to school or work. Results can take a few days.
- Check your test results at covid-19.ontario.ca by clicking on "check your lab results."
- Your adult household members (parents, roommates) who do NOT have symptoms can go to school or work **while waiting for your test results** as long as you are not a close contact of someone who had COVID-19.
- If the person being tested is a student and has symptoms, siblings in the household are required to stay home until COVID-19 can be ruled out. Children/teens in school they should complete the [COVID-19 school screening](#) daily.

When can I return to school?	Household members without symptoms
<p>If you test NEGATIVE, with symptoms:</p> <ul style="list-style-type: none"> • You may go back to school once your symptoms have been improving* for 24 hours. • Young children may have ongoing mild symptoms, such as a runny nose. If it is not new or worse, they may go back to school if they don't have other symptoms. 	<ul style="list-style-type: none"> • Siblings in the same household can return to school. • Adults in the household can continue to work if they do not have symptoms.
<p>If you test NEGATIVE, with symptoms and were exposed to someone with COVID-19:</p> <ul style="list-style-type: none"> • You must stay home and self-isolate until cleared by Toronto Public Health. 	<ul style="list-style-type: none"> • Siblings in the same household who do not have symptoms can return to school. • Adults in the household must self-monitor for symptoms, and may go to work if they do not have symptoms.
<p>If you test NEGATIVE, with symptoms and have travelled outside of Canada in the last 14 days:</p> <ul style="list-style-type: none"> • You must stay home and self-isolate for 14 days from the date of your return. • After 14 days self-isolation you may return to school or work as long as you do not have symptoms. 	<ul style="list-style-type: none"> • Siblings in the same household can return to school. • Adults in the household can continue to work if they do not have symptoms.

When can I return to school?	Household members without symptoms
<p>If you test NEGATIVE, do not have symptoms but were exposed to someone with COVID-19:</p> <ul style="list-style-type: none"> You must stay home and self-isolate for 14 days from the last day of exposure. If you only received an exposure notification through the COVID Alert App, you are no longer required to self-isolate if your test is negative. 	<ul style="list-style-type: none"> Household members may attend school/work if they do not have symptoms.
<p>If you test POSITIVE:</p> <ul style="list-style-type: none"> You must stay home and self-isolate for 10 days* after your symptoms started. If you do not have symptoms, stay at home for 10 days* from the date you were tested. Young children may have ongoing mild symptoms, such as a runny nose. If it is not new or worse, they may go back to school after the 10 days* if they do not have other symptoms. Notify your school that you tested positive for COVID-19. Toronto Public Health will contact you with further instructions. 	<ul style="list-style-type: none"> All household members will have to self-isolate for 14 days from last time they were with the person who tested positive. Seek testing at an Assessment Centre as soon as possible.

* Self-isolate for 20 days if you were hospitalized and required ICU level care or have a severely weakened immune system (e.g. you are undergoing cancer chemotherapy).