

**Dr. Na-Koshie Lamptey**  
Acting Medical Officer of Health

**Toronto Public Health**  
277 Victoria Street  
Toronto, Ontario M5B 1W2

**Tel:** 416-338-7600  
publichealth@toronto.ca  
toronto.ca/health

March 18, 2025

Dear Principal/School Administrator,

**Re: *A Healthy Start to School* Resource Package for Kindergarten Registration and Welcome to Kindergarten Events**

To support upcoming kindergarten registration and welcome events, Toronto Public Health (TPH) is providing you with the updated *A Healthy Start to School* resource package. This package provides information to share with parents, guardians and caregivers to help students have a healthy start to school. Included in this package are the following electronic resources:

- **[A Healthy Start to School Booklet](#)**: Contains general information for parents, guardians and caregivers to help their child have a [healthy start to school](#).
- **[Vaccines Tear-off Sheet](#)**: Outlines Ontario's Publicly Funded Immunization Schedule.
  - **Report vaccinations to TPH**: Parents/ guardians must [report their child's vaccinations](#) to TPH online through Immunization Connect Ontario ([ICON](#)). Health care providers do not send vaccination information to TPH. It is the parent/guardian's responsibility to update TPH when their child receives a vaccination.
  - **Proof of vaccination**: A digital yellow card will be available to the parent (in late summer or fall) in [ICON](#) once TPH processes all online submissions. If proof of vaccination is needed before then, parents can print the confirmation after submitting it online.
- **[School Lunches and Snacks Resource](#)**: Provides nutritious lunch and snack ideas, food safety tips, and information about Canada's Food Guide.
- **[Vision Health Postcard](#)**: Encourages parents, guardians and caregivers to schedule a free comprehensive eye exam for their child in preparation for school.

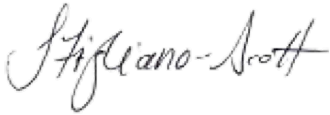
Visit the TPH website for more information about:

- [Immunization](#)
- [Nutrition](#)
- [Vision health](#)
- [Dental and oral health](#)
- [Other health information and resources for parents, guardians and caregivers](#)

If you require further information/consultation on the above resource, please contact TPH at 416-338-7600 or [PublicHealth@toronto.ca](mailto:PublicHealth@toronto.ca).

Parents, guardians and caregivers who have questions should contact TPH by emailing [PublicHealth@toronto.ca](mailto:PublicHealth@toronto.ca) or calling 416-338-7600 (TTY: 416-392-0658), Monday to Friday from 8:30 a.m. to 4:30 p.m.

Sincerely,

A handwritten signature in black ink that reads "Joanne Figliano-Scott". The signature is written in a cursive style with a large initial 'J'.

**Joanne Figliano-Scott**

Chief Nursing Officer  
Director, Community Health & Well-being